

**COMMUNITY HEALTH AND DEVELOPMENT UNIT
HERBERTPUR CHRISTIAN HOSPITAL
MENTAL HEALTH PROJECT**

Established Criterion for identification/listing of High Risk Groups in the Community

Definition: In mental health project, the “high risk group” means those individual and families who meets below mentioned criterion and are vulnerable to acquire mental problem because of directly associated physical, mental, emotional & environmental risk condition.

Sr No	HRG selection Criterion	Type	Means of verification	remark
1	Disability category	Blindness	Disability certificate/ Physical verification	Volunteers are required to keep a file of village wise and record the list of families who met this criterion. Later Volunteer has to home visit and referral
		Cerebral palsy	Physical verification	
		Down syndrome Autism	Physical verification	
		Deaf and Dum	Disability Certificate and physical verification	
		Multiple disability	Disability Certificate Physical verification	
2	Mental illness category	Of any kind including, depression, anxiety, psychosis, epilepsy, sleeping disorder	Family history, doctor prescription, medication, physical verification	
3	Psychosocial category	High use of alcohol, drugs that leads in to domestic violence	marginalised and poor background families having domestic violence with family history	
		Early age marriage	Marriage: below 18 for female and below 21 yrs for male	
		Young age widow	Widow age should be below 21 yrs of age	
		Infertility	Married couple below 28 years of age	
		aged people	Aged above 65 years	
		Mothers having child below one years of age	The family should have at least 3 children or child/ person with disability	
		Mothers having girl child 3 in number or above	The family should have at least 03-girls in number or above	

It is assumed that Mental Health Volunteer has already prepared the first hand list of families who are of poor and marginalised background and the members in the families have some kind of disabilities. If not then get the list from School, ASHA, Aganwadi Worker and Community Coordinator of Sarva Shiksha Abhiyan Project.

Step 2: As part of probing technique through visual and reading aids such as photos, pamphlet hands etc the volunteer has to find out whether any family meeting the HRG criterion. If yes, then list down the name of an affected individual or family in the format available with volunteer.

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